



## Jan Madhyam Newsletter

Month of November, December and January 2016

It seems only yesterday that we were wishing each other Happy New Year! Three months of this New Year are nearly over!!

The year 2016 began with a bang for us. The Spring Fair turned into a Winter Carnival and January saw frantic activity in Jan Madhyam to organise our annual Fund Raising Fair at the Australian High Commission. We tried a different concept by curating a completely new Food Court and inviting well known bands to play for the Fair. Despite the cold weather hundreds of people came to enjoy the Winter Carnival. Jan Madhyam trainees lit the dance floor with a charming Bihu dance, there was a Drumming duo Volunteer Ganesh and Anil (hearing impaired drummer)

Volunteer Ganesh and Anil (hearing impaired drummer)



Charming Bihu dance

We were very sad to bid goodbye to High Commissioner Patrick Suckling and Natalie.

Thank you both for the unstinting support and warm hospitality we got for all the last three years.

You made it very special for us.

The Fair was followed by the Mini Carnival in Aya Nagar for all the children at the centre.

Our youngest fund raiser Gayatri came personally to give a donation to Jan Madhyam and won Tabassums friendship. They both declared on the stage on the mike, "I like you and want to make friends with you."





Mini Winter Festival at Aya Nagar

The Highlight of the last few months was an updated website with an all new look. The web address remains the same: [www.janmadhyam.org](http://www.janmadhyam.org)  
We also worked on our You Tube Channel (<https://www.youtube.com/janmadhyam>) and the Face book page ([www.facebook.com/janmadhyam](http://www.facebook.com/janmadhyam))

Our children took part in the Airtel Half Marathon. This was a new experience for them and for us.

There was new energy which propelled their feet and they ran faster than their teachers... To be part of such a big event and run with hundreds of people was an eye opening experience.

Our running partners CEB a company of young IT professionals in Gurgaon, raised 2.5 Lakhs for us from this event. We are thrilled and hope to have a long lasting friendship with CEB.



## **Challenges:**

Life deals difficult blows. Inevitable. Praveen lost his Mother. She was his anchor and chief support in his home.

Guptaji left Jan Madhyam in a huff, not able to understand discipline and accept her own limitations.

This is a challenge for us , how do we strike a balance between confidence and reality. Within Jan Madhyam the sky is the limit. The world outside puts barriers and puts limits on potential turning it into disability.

Illness at home and loss makes it difficult for the kids to be regular or attentive like Ankit.

Some youngsters have behaviour problems the root of which may be in the daily frustrations they suffer not being able to express themselves or being denied dignity and inclusion like Bindiya and Shantanu and Khushi.

We try to periodically consult with specialists to understand behaviour modification and counsel the families and the children. In our experience what helps the most is Media Based Therapies. This is why we introduced two New Programs and want to add more.

this event. New programs -we launched ,in November a dynamic and deeply successful Therapy through Puppets. After an orientation for the teachers, a group of 6 young girls with behaviour problems were chosen to participate. The syllabus will run until end April. So far the group is doing very well and the impact on each of the girls is noticeable.

The other new program is Developmental Art with a group of 4 young adults. After our success with Praveen we were encouraged to work with many more. The work brings a lot of joy to the participants and the results are remarkable.

Bravely we ventured to conduct Gender Training sessions began with a mixed group (of boys and girls). Having tried it once we have become more confident... and we wonder why we did not try this before! Sexuality Training is a part of the Living Skills training and continues with the girls relentlessly.



Gender training



Art therapy



Puppet therapy



Anita has got married!

### **Success Story**

Himanshu is now working regularly as a shop assistant and earning Rs 1000 a month.

Anita has got married!

Aman Ekka 's self confidence is growing as are his literacy skills. His Mother is quite surprised at his development.

Computer Classes for all at EORTTEC.



This is such a big achievement . It is a pleasure to see the absorption,concentration and sense of pride the challenged students have on their faces.It is a big step towards inclusion.

The biggest achievement for us is the growing parent involvement. Many new ventures have been made possible because of this mutual trust. Embroidery classes for Mothers.Sharing and teaching Recipes to the Nutrition Class and the Annapurna girls,Parent participation in events at Aya Nagar, support in our Fund Raising events to name a few.



Parent participation



Computer Class



Dushera Celebration



Embroidery

## Rozgaar

New products, new input to create a range of products came from Seema Uppal to make crochet evening bags for women, Buttons made from felt were developed during a workshop by Barbara from Germany.

Painted kettles and planted milk pots made a colourful splash in all our sales and stalls.

Order of Masala's were packaged attractively to make Spice Bag which won a large order from RiverBank Studio.

Sharpners made from paper Mache were a great success at the many sales around Dussehra and Diwali.

We participated in Oz Haat an annual Mela to show case NGO's and their work at the Australian High Commission.



Painted kettles and planted milk



Oz Haat an annual Mela

## Srijan

There have been many successful sessions in the Government schools in surrounding villages of Aya Nagar, Jamrudpur and Garhi.

New Members of the team are Deepak, and Monu and now Shivani.

A Tie and Dye workshop was held on invitation by Sanskriti Foundation for students from Syria, Afghanistan and Canada.





## Scholarship

Along with the OT and other guidance and referral services... we have added centre based services which take living skills and special education to the community centres to the children on scholarship.

Success story:

In this quarter many children have moved into mainstream education

Several have finally got their disability pension

Bank accounts have been opened. for many others as a first step in the long road to the Disability Pension.

In the Nizamuddin Basti in particular, OT has woven its magic. Asad, Armaan and Ayaan have all improved dramatically. They are all able to walk independently.

This means that now they can be included in mainstream education. The local Anganwadi, Nursery School and Primary School teachers have been given an orientation to Disability and they are getting ready for Inclusion.

In April they will be applying for admission in their neighbourhood schools.



Asad



Armaan



Bhavik



**Visitors:** Ms. Medha Singh, Ms. Amrita Sharma, Ms Mani Kharbanda, Ms. Rebecca Jacobs, Ms. Daniel Madden, Ms Katie Platt, Ms. Bimal, Mr. lalit, Ms. Urmila Chaudhary, Ms. Divya Goyal, Ms. Kiriti Dhingra, Mr. Digviajay Narayan patel, Mr. Kartar Singh, Mr. Gyasi Ram, Ms. Uma P, MCD School Teachers, Ms. Richa Aggarwal, Ms. Jessy, Ms. Joshna George, Mr. peter Willans, Mr. Amit mahajan, Mr. Arjun, Ms Achal, Ms. Ruchi, Ms Pushpa, Ms Mamta, Ms Neha, mr. Purshutam, Ms jagriti, Ms Shivani, Ms. Seema Singh, Mr M.P Singh, Mr. johnsolbergm, Ms radha, Mr. Arjun, Mr Sunder Bhatt, Ms. Cibil, Mr. Surjit Singh.



**Donation In kind:** Ms. Veenu Shah, Ms. Padma Sahdev, Buddy Care Foundation, Ms. Ranjana Pandey, Ms. Bina balani, Ms. Monica Biswas, Jolly rohatagi, Kiriti Dhingra, Ms. Seema Lalit Uppal, mr. Ganesh, Ms. Pramila Bhagat, Mrs Barbara Ms Soni, Ms Shirly Kutty, Ms, Ambika Pandey, Ms. Meenakshi Singh

## Donors:

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